



Associated Audiologists, Inc.
13025 Mur-Len, Suite 220
Olathe, KS 66062
913-829-0891
www.hearingyourbest.com

PATIENT QUESTIONNAIRE

PATIENT NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Patients with equilibrium disorders may experience a wide variety of symptoms. These symptoms may include issues ranging from dizziness, vertigo, and lightheadedness to imbalance, unsteadiness, and falls. Please answer the questions below to the best of your ability. Some of the questions may not be applicable or easy to answer, but please respond as accurately as possible.

How or when did your problem first occur? \_\_\_\_\_

How long did it last? \_\_\_\_\_

I. Please read each of the following questions carefully and indicate your response with an 'X' in either the first box for YES or the second box for NO.

- YES NO
Do you experience motion sickness, air sickness, or sea sickness?
Did you experience motion sickness as a child?
Do you have a family history of motion sickness?
Do you experience migraines?
Have you ever been exposed to solvents, chemicals, etc.?
Have you experienced an injury to the head? When?
Have you lost consciousness because of an injury to the head?
Have you had a neck or back injury?
Do you take any medications regularly?
If yes, What?
Do you use alcohol? How many drinks/week? How often? Most recent?
Do you smoke? How much?
Are you diabetic? Is your blood pressure high/low?

II. The next section will ask specific questions about your balance. If you do not experience issues with your balance, please skip this section and proceed to section III.

- YES NO
Are you off balance?
Do you have difficulty walking?
Do you have a fear of falling?
Have you fallen?
If yes, How many times? When was most recent?
Where? Inside home? Outside home?
Do you have a loss of balance when walking?
If yes, do you veer to either the right or left?
Do you have trouble walking in the dark?
Do you currently or have you ever used an assistive device (cane, walker, etc)?
Have you ever received therapy for your balance?
If yes, When? Where?

(continued)

**III. The next section will ask specific questions about dizziness/vertigo. If you do not experience dizziness or vertigo, please skip this section and proceed to section IV.**

**YES NO**

- Is your dizziness constant? If you answered yes, please go to section IV.
- Does your dizziness occur in attacks?  
If yes, how often? \_\_\_\_\_
- Are you completely free of dizziness between attacks?
- Do you have any warning that the attack is about to start?  
If yes, what? \_\_\_\_\_
- Is the dizziness provoked by a specific head/body movement?  
If yes, what direction? \_\_\_\_\_
- Is the dizziness better or worse at any particular time of the day?  
If yes, when? \_\_\_\_\_
- Do you know of anything that will stop your dizziness or make it better?  
If yes, what? \_\_\_\_\_
- Do you know of anything that will make your dizziness worse?  
If yes, what? \_\_\_\_\_
- Do you know of anything that will precipitate an attack?  
If yes, what? \_\_\_\_\_
- Do you know of any possible cause of your dizziness?  
If yes, what? \_\_\_\_\_

**IV. Do you currently experience any of the following sensations? Please read the entire list and check the boxes that most accurately describe your experience. You may check as many boxes as needed.**

**YES NO**

- Lightheadedness
- A swimming sensation in the head
- A sensation that you could black out or lose consciousness
- Objects are spinning or turning around you
- An internal spinning sensation, with objects around you remaining stationary
- Nausea or vomiting
- Pressure in the head

**V. Have you ever experienced any of the following sensations? If yes, please check the appropriate box and circle either "constant" or "in episodes."**

**YES NO**

- |                          |                          |   |          |             |
|--------------------------|--------------------------|---|----------|-------------|
| <input type="checkbox"/> | <input type="checkbox"/> | Double vision?                            | Constant | In Episodes |
| <input type="checkbox"/> | <input type="checkbox"/> | Blurred vision or blindness?              | Constant | In Episodes |
| <input type="checkbox"/> | <input type="checkbox"/> | Spots before your eyes?                   | Constant | In Episodes |
| <input type="checkbox"/> | <input type="checkbox"/> | Numbness in face, arms, or legs?          | Constant | In Episodes |
| <input type="checkbox"/> | <input type="checkbox"/> | Weakness in arms or legs?                 | Constant | In Episodes |
| <input type="checkbox"/> | <input type="checkbox"/> | Confusion or loss of consciousness?       | Constant | In Episodes |
| <input type="checkbox"/> | <input type="checkbox"/> | Difficulty swallowing?                    | Constant | In Episodes |
| <input type="checkbox"/> | <input type="checkbox"/> | Tingling in the face or around the mouth? | Constant | In Episodes |
| <input type="checkbox"/> | <input type="checkbox"/> | Difficulty speaking?                      | Constant | In Episodes |

**VI. Do you have any of the following symptoms? Please indicate which ear is involved.**

**YES NO**

- |                          |                          |   |          |           |      |
|--------------------------|--------------------------|---|----------|-----------|------|
| <input type="checkbox"/> | <input type="checkbox"/> | Difficulty hearing?                                     | Left Ear | Right Ear | Both |
|                          |                          | If yes, when did this start? _____                      |          |           |      |
| <input type="checkbox"/> | <input type="checkbox"/> | Does your hearing change with your other symptoms?      | Left Ear | Right Ear | Both |
| <input type="checkbox"/> | <input type="checkbox"/> | Noise in your ears or head?                             | Left Ear | Right Ear | Both |
|                          |                          | If yes, does the noise change with your symptoms? _____ |          |           |      |
| <input type="checkbox"/> | <input type="checkbox"/> | Fullness, pressure, or stuffiness in your ears?         | Left Ear | Right Ear | Both |
| <input type="checkbox"/> | <input type="checkbox"/> | Pain in your ears?                                      | Left Ear | Right Ear | Both |
| <input type="checkbox"/> | <input type="checkbox"/> | Discharge from your ears?                               | Left Ear | Right Ear | Both |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you ever had surgery on your ears?                 | Left Ear | Right Ear | Both |
| <input type="checkbox"/> | <input type="checkbox"/> | Have you had your hearing evaluated?                    |          |           |      |
|                          |                          | If yes, When? _____                                     |          |           |      |
|                          |                          | By whom? _____  |          |           |      |